

**Job Title: Psychiatric Mental Health Nurse Practitioner (PMHNP)**

*The Motherhood Center (TMC) is a perinatal mood and anxiety disorders center committed to providing support for new and expectant mothers and families. TMC offers one of the nation's only non-hospital based perinatal partial hospitalization program. In addition, the Center offers outpatient therapy, support groups and education for both patients and providers. The Motherhood Center was co-founded by Catherine Birndorf, M.D, a Cornell-trained reproductive psychiatrist with more than 20 years of experience in perinatal mental health.*

Email: [careers@themothhoodcenter.com](mailto:careers@themothhoodcenter.com)

**Application Criteria:**

- Completed Psychiatric Mental Health Nurse Practitioner Degree accredited by either CCNE or ACEN
- PMHNP Board Certified (ANCC)
- New York State license required (NJ license preferred)

**Application process:** Please email [careers@themothhoodcenter.com](mailto:careers@themothhoodcenter.com) the following documents:

- Cover letter
- Statement of Interest
- CV

**Job Summary**

A PMHNP at TMC will:

- Demonstrate excellence in women's mental health care with interest or expertise in perinatal mood and anxiety disorders (PMADs).
- Provide outpatient care in both Day Hospital and Outpatient Department consisting of initial evaluations, consultations, psychotherapy and medication management for women with psychiatric disorders that are trying to conceive, struggling with fertility issues, experiencing grief and loss, in pregnancy or postpartum.
- Demonstrate expert clinical judgment, crisis assessment and intervention, and decision-making skills reflecting ability to manage patients with acute illness.
- Exercise strong clinical leadership skills and demonstrate effective clinical teaching skills used to promote both care and practice standards and will be adept at working with adult individuals and their families.

**Responsibilities**

In addition to the above, a PMHNP at TMC is expected to:

- Assist in efforts to ensure clinical standards are in place to meet regulatory requirements.
- Collaborate closely with multidisciplinary team to achieve treatment goals.
- Effectively monitor and evaluate patient outcomes.
- Manage records, correspondence and related items with utmost security and document according to regulatory standards.
- Complete all documentation and paperwork in a timely fashion and in accordance with TMC standards and policies.
- Perform other job-related duties as required by the Medical and Clinical Directors.
- Uphold the highest level of professionalism including attitude, timeliness, HIPAA compliance and confidentiality, treatment frame, boundaries, and adherence to TMC policies.
- Embody cultural standards of TMC including respect, kindness, collaboration, accountability, and collegiality.

### **Expectations**

- Committed to working with and treating women experiencing PMADs.
- Works well with multidisciplinary team of professionals with whom to consult and collaborate about patient care and complex cases.
- Able to give and receive constructive feedback.
- Have and maintain your own malpractice insurance.
- Experience in perinatal psychiatric disorders, maternal-child health and issues of women's health care preferred but not mandatory.
- Familiarity with IPT, DBT, CBT, Dyadic Therapy and other best practices for the PMAD population.
- Highly organized, detail oriented, flexible, and collaborative.
- Excellent oral and written communication as well as presentation skills.

*The Motherhood Center is an equal opportunity employer and is deeply committed to maintaining a diverse and inclusive community amongst its staff, trainees and clients. We seek to increase diversity across race, ethnicity and national origins, gender and gender identity, sexual orientation, disability, and socioeconomic background.*